


**PRO WALK/PRO BIKE® 2010 MOBILE WORKSHOP SCHEDULE**

	Sunday, Sept 12	Monday, Sept 13	Tuesday, Sept 14	Wednesday, Sept 15	Thursday, Sept 16	Friday, Sept 17	Saturday, Sept 18
<b>Time Slot A</b>	9:00 to 3:30 pm	1:00 to 4:00 pm	9:45 to 11:45 am	7:30 to 9:45 am	7:30 to 9:45 am	9:00 to 11:30 am	8:30 to Noon
Workshop 1	3 Rides 3 Hoods Part 1: 7 miles (9:00 – 10:30) N Chatt. (Public)	Incline Railway-Guild Hardy Trail*	Chattanooga Bicycle Facilities	ADA Accessibility	Collaborating to plan a SRTS program	Downtown Kayak Adventure 3*	Battlefield Bicycle Ride (Public)
Workshop 2	3 Rides 3 Hoods Part 2: 7 miles (11:00 – 12:30) Southside (Public)	Downtown to Dirt	CARTA-Transit, Technology and the Shuttle	Downtown Kayak Adventure 1*	Tennessee Riverpark		
Workshop 3	3 Rides 3 Hoods Part 3: 7 miles (2:00 – 3:30) St Elmo (Public)	Multi-modal Travel Time					
<b>Time Slot B</b>	1:00 to 4:00 pm		3:45 to 5:45 pm	10:15 to 1:15 pm	10:15 to 11:45 am	 <p>The Mobile Workshops are provided as a part of the Pro Walk/Pro Bike® 2010 Conference, presented by the National Center for Bicycling &amp; Walking. Mobile Workshops are for conference participants only. For more information about the conference see: <a href="http://www.bikewalk.org">www.bikewalk.org</a></p>	
Workshop 1	Historical Walking Tour 1		Utilizing STAND data for a greener lifestyle	Raccoon Mountain Trail System	Historical Walking Tour 3		
Workshop 2			Stringer's Ridge	21 <sup>st</sup> Century Waterfront	Moccasin Bend Gateway		
Workshop 3				Lunch with Joe Metal Cowboy Kurmaskie			
<b>Time Slot C</b>			5:45 to 8:00 pm	1:45 to 3:30 pm	1:45 to 5:00 pm		
Workshop 1			Historical Walking Tour 2	Connecting People to Food	Downtown Kayak Adventure 2*		
Workshop 2			Main Street Redevelopment	Public art	Enterprise South Nature Park		
Workshop 3			Storytelling with Joe Metal Cowboy Kurmaskie		Creating a Bicycling Friendly Business		

\*Denotes workshops taking place outside the Pro Walk/Pro Bike® conference. There will be an additional charge to participate in these workshops.

SUNDAY, SEPTEMBER 12, 2010

9:00 am to 3:30 pm

**3 Rides 3 Hoods – Perspectives on the City**

Come out and celebrate the bikeability of Chattanooga. We will pedal through three of Chattanooga's bicycle friendly neighborhoods: the Downtown/North Shore area, the Southside, and St. Elmo. Riders can choose to participate in one, two, or all three loops. Along the way, we will share perspectives on the city, both through stunning visuals and engaging dialogue. Each loop is approximately 7 miles. Bicycles available.

Transit: Bike

Mode: Bike

Leader: Chattanooga Bicycle Task Force

**This workshop is open to the public**

1:00 to 4:00 pm

**Historic Walking Tour 1 - Ross's Landing**

No trip to Chattanooga would be complete without a visit to Ross's Landing, the historic center of Chattanooga and the oldest inhabited section of the city. In 1815, Chief John Ross of the Cherokee tribe established a ferry, landing, and warehouse at the site, thereby becoming known as "Ross's Landing."

Transit: Shuttle/Van

Mode: Walk

Leader: Dr. Nancy Schurr, University of Tennessee

MONDAY, SEPTEMBER 13, 2010

1:00 to 4:00 pm

**Incline Railway-Guild Hardy Trail**

Travel up Lookout Mountain via the Incline Railroad. Enjoy a downhill mountain bike ride on the Lookout Mountain Guild-Hardy Trail, a walking and biking trail located on the side of scenic Lookout Mountain that winds through National Park Service land, Ruby Falls and the historic Cravens House. Scenic views of fall foliage and the Chattanooga valley will not disappoint. The Guild-Hardy Trail has a gravel surface with several wood planked bridges and suitable for those who are comfortable on a bicycle, but may not have much experience on a mountain bike. Bicycles available. Approximately 5 miles.

Transit: Shuttle/Bike Transports

Mode: Bike

Leader: Outdoor Chattanooga

**Cost: \$40**

**Linking Downtown to Dirt: The Transportation-Recreation Connection**

In most cities, the on street bicycling network and off road trails network exist as separate worlds. Join us on a bicycling tour to see how Chattanooga is linking its downtown to an extensive system of mountain bike trails.

Transit: Bike

Mode: Bike

Leader: Jeff Peel, League of American Bicyclists

**Multi-Modal Travel Time Study**

The Regional Planning Agency has just concluded a pilot study for multi-modal travel times throughout downtown. Compare walking, bicycling, public transit, and automobile for key destinations downtown and learn how to replicate this process in your community.

Transit: Walk/Mixed

Mode: Walk

Leaders: David Baird, Chattanooga-Hamilton County Regional Planning Agency

TUESDAY, SEPTEMBER 14, 2010

9:45 to 11:45 am

**Chattanooga Bicycle Facilities**

Explore on-street bicycle facilities and learn about the implementation of Chattanooga's bicycle master plan. Visit Tennessee's first bicycle tunnel warning light system posted outside the Missionary Ridge and Stringer's Ridge Tunnels, as well as experimental colored bicycle lane markings.

Transit: Van

Mode: Walk

Leader: Ben Taylor, Traffic Engineering

**CARTA – Transit, Technology and the Electric Shuttle**

Tour the electric shuttle transit station and maintenance facility and learn about the development of electric and hybrid diesel technology as well as CARTA's leading ITS program. In service since 1992, CARTA's Downtown Shuttle service has recorded over 11.3 million passenger trips. The quiet, environmentally friendly, electric buses have run more than 1.9 million miles saving an estimated 65 tons of pollutants

Transit: Shuttle

Mode: Walk

Leader: CARTA Staff

**3:45 to 5:45 pm**

**Utilizing STAND data for a greener lifestyle**

Learn about one of the country's most ambitious grassroots surveys, and how its findings are being used to create a more livable Chattanooga. Twenty-five years have passed since the transformation of the city; over 26 thousands residents responded with their ideas about what the next 25 years should look like.

Transit: Walk

Mode: Walk

Leader: Josh McManus, [Create Here](#)

**Stringer's Ridge - Tour of Chattanooga's Newest Park**

Chattanooga's success story is due in large part to a community-wide change in attitude. Once a city overwhelmed with air and water pollution, the community rallied during the 1980's to change its image. Learn how Chattanooga continues to preserve what makes Chattanooga special through the recent acquisition of a new park on Stringer's Ridge, which frames the northern skyline of Chattanooga with a series of hills. Threatened by development, the Trust for Public Land, a national nonprofit land conservation organization, took the lead in helping preserve a 92-acre site that covers four hilltops along Stringer's Ridge. Stretch your legs while you learn about the campaign to save Stringer's Ridge, the challenges of fundraising in tough economic times, and plans to develop a public park that will provide new public hiking and mountain biking opportunities close to downtown.

Transit: Van

Mode: Walk

Leader: Rick Wood, [Trust for Public Land](#)

**5:45 to 8:00 pm**

**Historic Walking Tour 2 - Big Nine**

The tour of the Big Nine will depart from the Convention Center and proceed to the southeast corner of Martin Luther King Jr. Boulevard and Georgia Avenue. Immediately after the Civil War, this area was the site of a number of African-American cabins and became known as "Scruggs Town," named after a one-armed African-American businessman who owned many of the houses in this area. Subsequently, the entire street was labeled Ninth Street, colloquially known to local residents as "The Big Nine," and it became the center of African-American life in Chattanooga for several decades.

Transit: Walk

Mode: Walk

Leader: Dr. Nancy Schurr, [University of Tennessee](#)

**Main Street Redevelopment**

Having recently spent millions building parks and paths along the Tennessee River that runs through downtown, the city has turned its attention to revitalizing the Southside. Introducing restaurants, businesses, galleries and art studios into the once gritty part of town through public and private support, Main Street has been transformed into a vibrant, active community.

Transit: Walk

Mode: Walk

Leader: Jeff Cannon, [Greenspaces](#)

**Storytelling with the Metal Cowboy**

Joe Metal Cowboy Kurmaskie, bestselling author, bicycle advocate, syndicated columnist, and entertainer, packs a room with something

that's part stand up comedy, stunning digital slideshow, social commentary, audience interaction, bicycle and pedestrian advocacy - you'll be talking about it long after he's been extradited by the proper authorities. Join Joe at a local tavern for a pint and a few stories.

Location: To be announced.

**WEDNESDAY, SEPTEMBER 15, 2010**

**7:30 to 9:45 am**

**ADA Accessibility**

We are now celebrating the 20<sup>th</sup> anniversary of the Americans with Disabilities Act, a landmark piece of civil rights legislation. Come on this walking tour to see how Chattanooga is designing its public right-of-way and transportation system to accommodate the needs of all users.

Transit: Walk

Mode: Walk

Leader: Mary Anne Koos, [Florida DOT](#)

**Downtown Kayak Adventure 1**

See downtown Chattanooga by Kayak! Hop into one of our stable, recreational kayaks and do a self-propelled tour around the Maclellan Island wildlife sanctuary, the Hunter Museum bluffs and Ross' Landing.

Transit: Shuttle

Mode: Kayak

Leader: [Outdoor Chattanooga](#)

**Cost: \$35**

**10:15 to 1:15 pm**

**Raccoon Mountain Trail System**

Tour the Tennessee Valley Authority's Raccoon Mountain Pumped Storage Facility just minutes from downtown. Learn how over 20 miles of singletrack trail were developed and maintained

through an innovative public/private partnership.

Transit: Bus

Mode: Hike

Leader: SORBA / TVA

### **21st Century Waterfront**

In the 1990s, Chattanooga built an international reputation for "Can Do" community spirit when the Riverfront Renaissance enlivened Chattanooga's once dormant city core into a thriving center for business and tourism. The mobile workshop will showcase the \$120 million waterfront project including the Riverfront Parkway road diet, development of the Tennessee Aquarium and other development.

Transit: Van

Mode: Walk

Leader: Jeff Pfitzer, Benwood Foundation

### **Lunch with the Metal Cowboy**

On Wednesday, lunch is on your own. What better way to spend that time than walking the streets of Chattanooga with 'A modern day Mark Twain on two wheels'? That's how USA Today described Joe Kurmaskie; come and judge for yourself.

Location: Departing from the Conference Center at 11:45 am.

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### **1:45 to 3:30 pm**

#### **Connecting People to Foods**

Explore transportation issues facing neighborhoods in food deserts. Tour community gardens, Crabtree Farms and local markets.

Transit: Van

Mode: Walk

Leader: Lori Quillen, Ochs Center for Metropolitan Studies

#### **Public Art**

Explore the First Street Steps and other downtown public art. See how Chattanooga uses trails as the backdrop for amazing art by taking a walking tour of the Chattanooga waterfront to the Bluff View Arts District. This walking tour will begin with a shuttle to downtown Chattanooga near the waterfront and highlight artwork and sculptures along the way. The walk will include a visit to The Passage, a public art project developed by five Cherokee artists from Oklahoma. Participants will take a shuttle to and from the Chattanooga waterfront for this walking tour. Approximately 1.5-2 miles walk.

Transit: Van

Mode: Walk

Leader: Adera Causey, Hunter Museum of American Art

### **THURSDAY, SEPTEMBER 16, 2010**

#### **7:30 to 9:45 am**

##### **Collaborating to plan a SRTS program**

Travel to Battle Academy to see what Chattanooga has underway for Safe Routes to School programing. Participants will be on site to observe student arrival.

Transit: Walk

Mode: Walk

Leader: Dr. Jamie Harvey, UTC

##### **Tennessee Riverpark**

Enjoy Chattanooga's unique park that runs along the Tennessee River. This first phase of 22 miles of planned development, the Riverpark

features an easily accessible trail that stretches nearly ten miles from Ross's Landing in downtown Chattanooga to Chickamauga Dam. Participants will bike from the Convention Center. Bicycles available.

Transit: Bicycle

Mode: Bicycle

Leader: Minya James, Outdoor Chattanooga

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#### **10:15 to 11:45 am**

##### **Historic Walking Tour 3 - Stanton Addition**

The tour of Stanton Addition will depart from the Chattanooga Convention Center and proceed to the corner of Twelfth Street and Market Street. The area south of Twelfth Street was not part of the original town limits until "New South" promoter John C. Stanton built a large hotel (the Stanton House) and convinced city leaders to relocate the post office to Market and King Streets. In the 1870s the area came to be referred to as the "Stanton Addition."

Transit: Walk

Mode: Walk

Leader: Dr. Nancy Schurr, University of Tennessee

##### **Moccasin Bend Gateway**

Look at transportation and planning issues associated with development of one of America's newest National Parks, the Moccasin Bend Archaeological District.

Transit: Van

Mode: Walk

Leader: Karen Hundt, Planning & Design Studio

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**1:45 to 5:00 pm**

**Downtown Kayak Adventure 2**

See downtown Chattanooga by Kayak! Hop into one of our stable, recreational kayaks and do a self-propelled tour around the Maclellan Island wildlife sanctuary, the Hunter Museum bluffs and Ross' Landing.

Transit: Shuttle

Mode: Kayak

Leader: Outdoor Chattanooga

**Cost: \$35**

**Enterprise South Nature Park**

Explore Chattanooga's newest 3000-acre nature park, adjacent to Volkswagen's new industrial mega-site. Explore how public and private partnerships are used to develop walking and singletrack mountain bike trails.

Transit: Bus

Mode: Hike

Leader: Hamilton County Parks / SORBA

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**3:00 to 6:00 pm**

**Creating a Bicycle Friendly Business**

This is a training of trainers to learn how to conduct your own local Bicycle Friendly Business workshop. Participants will receive tools and resources to be able to present the Bicycle Friendly Business workshop in their area. By the end of our three hour session, you will be able to answer the what, why, and how questions of building BFBs. This workshop is limited to 40 participants.

Location: 212 Market Restaurant

Leader: League of American Bicyclists

**FRIDAY, SEPTEMBER 17, 2010**

**9:00 to 11:30 am**

**Downtown Kayak Adventure 3**

See downtown Chattanooga by Kayak! Hop into one of our stable, recreational kayaks and do a self-propelled tour around the Maclellan Island wildlife sanctuary, the Hunter Museum bluffs and Ross' Landing.

Transit: Shuttle

Mode: Kayak

Leader: Outdoor Chattanooga

**Cost: \$35**

**SATURDAY, SEPTEMBER 18, 2010**

**8:30 am to Noon**

**Battlefield Bicycle Ride**

Bring your bicycle and experience the scenic beauty of Chickamauga Battlefield while you learn about the human drama and sacrifice that made up the Battle of Chickamauga. Interpretive rangers from Chickamauga and Chattanooga National Military Park will touch on the history of the battlefield during this leisurely-paced, 6 mile ride. Bicycles available.

Transit: Shuttle/Bike Transport

Mode: Bike

Leader: Outdoor Chattanooga

**This workshop is open to the public.**

*Chattanooga, Tennessee, host to ProWalk/ProBike® 2010, has much to boast about, including a walkable downtown, electric transit opportunities, a heavily used river trail, mountain biking within minutes of town and the restored Walnut Street Bridge, which serves as the basis for the 2010 event logo.*

*The Walnut Street Bridge is the oldest and largest surviving truss bridge in the South and was the first multi-use structure to span the 652-mile Tennessee River. Completed in 1891, the bridge connected Chattanooga to what was then known as Hill City on the north shore.*

